

May/June 2011

## ***THE TIME IS NOW***



Welcome to Energy Transformations, Inc's free e-zine with empowering wisdom for living a happy, healthy and abundant life. Assisting humanity into opening up to the unlimited Divine possibilities that exist.

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Editor and Publisher  
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She can also be contacted at  
480-751-9278.

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Blessings to all of you and gratitude to all who are sending prayers and Reiki to Japan. Over the two months since my last newsletter the world has suffered another tragedy. The earth shook very hard creating a lot of damage with far reaching consequences such as the tsunami and the nuclear reactor damage. After sending Reiki to the people, the earth, those working on the reactor, and the water, I sat down and asked **"What can we learn from this?"**

What was revealed was that the pressure in the earth that builds up represents those issues/problems/challenges/emotional baggage/past hurts that we store within and do not process and heal. We use a lot of energy to keep it all tightly compartmented and cleverly hidden. We create ways to be busy or distracted so that we do not have to talk to these parts that are yearning for healing: to be brought into the light.

Then all of a sudden some event, it could even be a minor event, opens the door and all the negativity from everything we have shoved down explodes outward. We overreact, have a meltdown, and feel lost. All this energy that we shoved seems to be shooting out and coating us and everyone around us with toxic emotion and a dense energy that paralyzes or destroys all that it touches. We can see the similarity between the events in Japan and within ourselves to some degree or another.

Life as we knew it, hiding our stuff and harboring this toxic dump, stops because in some way we had an eruption.

We are then faced with picking up

the pieces and seeking the healing that is necessary or we pick them up and shove them back into this damaged compartment. In many ways, when life as we know it stops, it provides us with an opportunity to heal. It seems that we are too busy to take the time needed to be healed.

When I traveled to Malta last September one of the themes and messages on the trip was responsibility. That we need to claim responsibility for our role in the stories we tell to others or play over and over again in our minds and for our role in cleaning up the battlefield of disappointments, tragedies, and attitudes that harbor negativity. The awakening Goddess/Divine Feminine energy on the planet is calling for us to wake up and own all of our parts.

She wants us to bring all that needs to be healed into the transforming energy of the heart. All of it! Bring it out of hiding and process the issues. What is hidden is no longer who you are. There is nothing to fear. There is only the possibility of healing and empowerment. Bring those issues into your loving heart and forgive and release.

The other message that we received in Malta and that the Native American communities are telling us is that the Time is Now. We can no longer afford the luxury of harboring this negativity. Imagine if your issues were represented by carrying around an extra weight of 100 pounds or more of stuff everywhere you go. How much more of your energy would that take from you? How much would you be able to accomplish in your life or with that quality of life would you have with this

extra baggage? The time is now. To release this extra baggage and hold the victim parts of our **self's accountable for freeing the parts of you held prisoner.**

We are all in this together. The time is now to stop pointing fingers at who should be held accountable and to do our own work. Bring your stuff out into the light of a new day, into your loving heart and if you need assistance, present it to the loving heart of the Divine Feminine. In Malta this **energy was represented by the Sleeping Goddess. She went to sleep a long time ago because of man's destruction; however, because of humanity's call for healing she has awakened and is here to assist.** Feel this loving energy embrace you as you do your work.

When we choose to heal, we clean up the toxic energy that we once spread onto the planet. We create less stress and pressure on our planet and are empowered to bring in more light to assist others in their own clean up. When we collectively clean up our inner space it will be reflected on all levels of society, earth, politics, business, health, etc. We will create a grand life centered in love and those areas that once harbored negativity will be a well of positive energy to support our journey into whatever endeavor we choose. We will be Lighter on all levels and so then empowered to be the best version of ourselves. **The TIME IS NOW!**

May we pray for healing for all,

Dawn Fleming

I WILL...

I will weep for only a short while.  
The tears are mine to shed.  
...I will stop but briefly to rest  
And then climb the mountains ahead.

I will open my heart and gift it  
To those that need solace and peace.  
I will counsel, teach and pray.  
That their suffering will ever cease.

I will show them the sheen of their own  
greatness  
That is hidden away in denial and sorrow.  
I will lift them up to the universe.  
So their spirits will soar into tomorrow.

Rev. Diannia Baty  
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www.makeachoiceNOW.com

**ALL FROM LOVE WITH LOVE FOR ALL**

## HAPPENINGS & CLASSES

A lot has been going on since the last newsletter. I had the opportunity to take a **Writer's Workshop with Hay House in San Diego**. The highlight of the weekend was hearing Louise Hay speak. She is the founder of Hay House and author of *You Can Heal Your Life*. She was an inspiration to everyone. She founded Hay House when she was 61 years old and is now 84 and going strong. I was able to have time with her during a break. I will always remember this experience with her.

I updated the Reiki I and II manuals, adding some additional information to both. I also took off the page numbers so that instructors can rearrange the information or leave out something that they do not want to offer to their students.

I also began working on a video entitled *How to Run a Reiki Session*. I still have a lot more to add to this video, but it has already been a lot of fun in the making. This video will assist the beginner or anyone that is trying to get back into practicing Reiki. The video will discuss how to do Reiki on another person, how to set up your healing space, how to disconnect from their energy after the session, how to center yourself before the session, how to do Reiki on yourself, chair Reiki, offering Reiki in hospital settings, and answers many other questions about charging money, storing records, etc. I will let everyone know when this project is complete. It will be a great teaching aide if Reiki teachers want to use it in their classes.



On page 6 of this newsletter is *A Call for Your Reiki Stories*. If you are a Reiki practitioner this is your opportunity to be published. If you have a Reiki story to share, please read the entire article before sending me any stories, and feel free to share this with other Reiki practitioners.

Follow me on Facebook. You can friend request me at [reikidawn@yahoo.com](mailto:reikidawn@yahoo.com).

### REIKI IN AZ

I am working on a Reiki I class for mid May. If you are interested email me and I will send you the info. Class will be taught in Chandler, Az. CE hours for massage therapists.

I will be offering a Reiki Master class in Arizona in late June. If you are interested and want more information email me at [mylifeisgood22@cox.net](mailto:mylifeisgood22@cox.net) or call me at 480-751-9278. Location: Chandler, AZ CE hours for massage therapists.

### REIKI I AND II CLASSES IN MD

Want to learn Reiki and you live in the Maryland/Delaware/Virginia area? Do you need CE hours for Massage or Social Work careers? Reiki Masters, Linda Brent and Amanda Sachs have Usui Reiki I and II scheduled for June 11 and 12 at the Chesapeake Wellness and Healing Center in Stevensville, MD. You can find out more information on these workshops by emailing Amanda Sachs at [mandasachs@gmail.com](mailto:mandasachs@gmail.com) or Linda Brent at [natrueyhealthy@yahoo.com](mailto:natrueyhealthy@yahoo.com)

## INNER FACTORS FOR CREATING SUCCESS

Last year I was selected to write a group of articles for Sibyl Magazine on the theme *The Energy of Success*. Over the next several newsletters I will share with you these articles, so that you can use the information to inspire you to seek the best and highest within to support your journey.

Becoming successful in any field or endeavor does not happen by luck. Hard work and determination might be where some people would begin. However, there are several inner key factors that set apart those who demonstrate success. Statistics show that 4 out of 5 businesses fail within the first two years of operation. When you look at someone who is successful, his or her secrets are not always on the surface. A lot of their success factors cannot be seen because their winning combination starts within.

The first key to creating success is to have an inner vision of what you want to create. A business or any endeavor with no vision is like a ship sailing without a compass. Find a quiet place and begin to visualize the end result that you want. Expand on all the key elements that would make it a success. Also, see yourself in this vision feeling satisfied, joy filled and abundant. Next, write your vision down in detail and then list the goals of what needs to occur to make this vision happen. Make sure the goals support your vision. Then prioritize your goals and begin working on them. This is where the hard work, determination, and staying focused on your vision comes into play. Keep your vision with you, so that when you get off course you can bring your energy and focus back into alignment. A recent study revealed that those who wrote their goals accomplished significantly more than those who did not write their goals.

The success of your business or creative endeavor is also determined by your inner motivator. What language does your inner motivator speak? Does your inner motivator talk in positive and realistic terms about life, about business, creativity, and about your success? Does your inner motivator speak positive about others in the field? The inner voice that motivates you to success is your main supporter and cheerleader. Consciously take time and listen to the messages your inner motivator is sending. Successful people are self-motivated and see the glass filled to top with plenty for everyone. If you are speaking negatively, making excuses, and criticizing others, turn it around or you will surely sink your ship. Reframe the negative thinking into optimism. As you begin a new internal dialog, you will witness the world responding to you differently. You will see a direct correlation between your thoughts and the outcomes that you experience.

Another key to success is to listen to your intuition. Make time on a daily basis to sit in silence, empty your head, and just listen for ideas or insights. Intuition plays a very important role in creating and maintaining a successful business. Women have been known for being naturally intuitive. Socialization taught us to downplay our intuitive strengths. Nevertheless, intuitive information is constantly coming in. Both men and women have internal guidance systems that speak through intuition (to include gut feelings, a deep knowing, sensing, and receiving visions and messages).

**We just need to take time to tune into the quiet and listen.** In Napoleon Hill's best-selling book *Think and Grow Rich*, Hill spent 20 years studying the habits of the highly successful businessmen of his time such as Andrew Carnegie, Henry Ford, and Thomas Edison. What he found is that these men followed their intuition and listened to the intuition of the people that they trusted. You can tap in and receive fresh insight that will help you resolve issues, discover new ideas, inspire creativity, and plan for the future.

Success is a seed that grows within us and blossoms as we internally nurture and support it. Our outer actions come into alignment with our inner vision, thoughts and intuition. When the inner and outer actions are working together success in all areas of our lives is the outcome.

Dawn Fleming  
Author of *Creating A Successful Holistic Health Practice*

*Abundance is mine now. I give joyful service to others knowing that my cup is constantly being refilled.*

## MAKING THE LAW OF ATTRACTION WORK FOR YOU

Have you seen the movie or read the book, *The Secret*? *The Secret* is about a universal law of nature (just like gravity) that determines our health, relationships, success or failure. It's called "the Law of Attraction." For the scientifically-minded, you can think of it in terms of thoughts and emotions being a form of energy. Your thoughts, beliefs, emotions, and intentions create an energy field that "attracts" events, people and circumstances to you like a magnet.

This works both positively and negatively. If you focus on and believe in your doubts and fears, things will tend to NOT go your way. If you focus on and believe in your dreams and best intentions, you will attract people and circumstances to assist you in their manifestation, sometimes almost effortlessly. In the words of Henry Ford, "Whether you believe you can or you believe you can't, you're right!"

### Where do our thoughts and beliefs come from?

Our thoughts and beliefs begin to form from the moment we're born, actually even when we are in the womb! We receive and interpret messages, both verbal and non-verbal from those around us – our parents, caregivers, teachers, other kids, the church and the media. These messages affect how we perceive our world, as well as how we think and feel about ourselves – our identity.

The challenge for most of us is that our moms and dads were not self-help gurus. Much of our early programming was fear-based and intended to protect us from danger. We internalized many beliefs that no longer serve us, and we subconsciously identify with negative labels others tried to impose on us, such as we are not good enough or worthy. In some cases we totally misunderstood well intentioned communications or misinterpreted situations to mean something negative about ourselves.

In this case, due to the Law of Attraction, we sometimes unwittingly draw to us what we fear most, and we keep ourselves playing small because of our limiting beliefs. The ego does whatever it takes to maintain its identity, whether it is positive or negative. If a person has a belief: "I can never get ahead," or "I am not worthy of being loved," when things start going really well, they will sabotage it.

### You can "reprogram" subconscious fears and negative beliefs.

When you notice you are holding yourself back from achieving what you really want in life, ask yourself, "What am I afraid of that's keeping me stuck, and what do I believe that no longer serves me?" Often it will be fear of being rejected or fear of failing. Common negative beliefs that hold us back are that we are unworthy of success or that we are inadequate (not good enough, not smart enough, etc.). Sometimes our fear itself will keep creating one "perceived" obstacle after another, just so we don't have to take that big scary step towards our dreams! Be honest with yourself about what you really want. Then realize all these fears and beliefs are simply not true. They were merely faulty programming! Fear is simply False Evidence Appearing Real! As Franklin Roosevelt put it, "We have nothing to fear but fear itself."

The good news is you can clear the "emotional charge" and programming of a fear or negative belief. And you can set the Law of Attraction working for you by reprogramming your mind to adopt positive emotions and beliefs. Repetition is powerful. Try repeating a positive thought or belief over and over again, until it becomes a habit. Feel the positive emotions that come when you know that thought or belief is true.

To overcome fear and negative beliefs, do the following: There is an acupuncture point on the outside of the little finger side of your hand, where you would hit when making a karate chop, between the first and second joints. While tapping on this point, say out loud with conviction, "Even though I have this fear of (or belief that)... (whatever the fear or belief is), I deeply and completely love and accept myself and I now choose to ... (the new emotions or beliefs you want to experience)." For example, "Even though I am afraid of rejection and believe I am not good enough, I deeply and completely love and accept myself, and I now choose to feel confident and believe that I am worthy of achieving this goal."

Then repeat the affirmation two more times.

By tapping this acupressure point while repeating this affirmation, it creates a very high field of energy within you that actually interrupts the old pattern and programs the new way of being deeply into your identity and subconscious. Do this whenever doubts or fears arise, and you will notice that the energy of your vision and the power to pursue your goals will become increasingly stronger, and your fears and doubts will lose their grip over you.

Two key elements to assure your success using the Law of Attraction:

1. Focus on your dreams, not your doubts, because you attract what you think about. Focus on thoughts and beliefs that make you feel good and that are aligned with your purpose and your vision.
2. Make empowering meanings out of things that have happened to you. When something happens that **in the past you would have interpreted as bad, ask yourself, "What's great about this, and how can this serve me?"** Believe that everything happens for a reason and a purpose, and it serves you.

REMEMBER C-B-A-Three steps to creating the life that you want:

Conceive: Create a clear vision of what you want. Remember you attract what you focus on, so focus on **what you want, not what you don't want. Having an "attitude of gratitude" will keep you focused on the positive.**

Believe: Believe with conviction in yourself and your dreams. Belief is a tremendously powerful force that can overcome any obstacle.

Achieve: Take action and rally the support of others. Take simple steps each day to move forward.

**"Go confidently in the direction of your dreams. Live the life you have imagined."**

- Henry David Thoreau

By John Maguire, Director of the Kinesiology Institute

[www.KinesiologyInstitute.com](http://www.KinesiologyInstitute.com)

See John's upcoming Kinesiology workshop in Columbia, MD , in May on page 9 of holistic classifieds.

## A CALL FOR YOUR REIKI STORIES

My path since 1993 has included Reiki in all that I do. I have seen amazing results in offering Reiki, part-time from 1993-2001, and then full-time since 2001. I feel this is the time to take our Reiki stories and share them with the world. If you are interested in participating, please read the whole article. This is a call for your Reiki stories to be published in a book compiling and acknowledging our stories on the power of Reiki. This book will educate the general population of the many benefits that Reiki can bring and how it works with allopathic medicine. It will also inspire Reiki practitioners to use their gifts in their daily activities and to explore new ways to use their Reiki gift. I am working on a title for the book. One that I have in mind is *Making a Difference with Reiki: Our Stories of Healing, Transformation, and Reiki in the Medical Community*. That is a mouthful. So if you have any suggestions after reading the proposal send them to me. Please share this information with all your Reiki friends.

### THE INTENTION OF THE PROJECT

To publish a book with our Reiki experiences for the world to enjoy. This book will speak to our experiences with Reiki, ones in which we found healing of our own issues or where we used Reiki to assist others on their healing journey. This book will also include our stories of how we use Reiki in unique ways in our lives that is outside of the performing Reiki on the body, such as charging batteries, manifesting, creating world peace, expressing our creative art endeavors, studying, etc. – you tell me.

The book will also provide stories regarding how and where Reiki is being used in the medical world; in hospitals, hospice, oncology, veteran centers, or medical center settings to include how a Reiki program was started, the impact that it has made, and what was learned in the process. This book will educate those who are curious about Reiki regarding its far reaching effects and the results that can occur when one engages in this beautiful experience. It will combine the best of our experiences to provide hope for those seeking change and give a legitimate face to a non-prescription and non-invasive solution to health and well-being. It will open people up to an alternative natural solution to health that is complementary to allopathic medicine and heals on all levels. This book acknowledges the good that results from our practice of this ancient and sacred practice.

## THE BOOK LAYOUT

I plan to have three sections in this book for stories that:

- Are about how Reiki has brought about healing of some sort;
- How you are using Reiki in unique ways and have experienced some type of impact (using it to study, using it to fuel your creative side, etc- you tell me)
- How Reiki is being used formally or informally in medical settings to include in a in hospice, hospitals, oncology, veterans hospitals/programs, nursing homes, or any other type of medical center/ setting. Do you have a story of doing Reiki during surgery?

The book will be published as a paperback and will be made available in ebook and Kindle formats.

## YOUR SUBMISSION

One story from each Reiki practitioner will be considered for the book. If you send more than one story, the panel will select which story would be best for the project, if any. Please do not send more than two stories. Your story must be owned by you and not the property of another publishing company that has published your story. If we use your story, you will keep your rights to use your story in other arenas as you wish.

Stories should be between 500 and 1200 words. If your story falls into the third category of Reiki in medical settings your story can have up to 2000 words. In all articles, when you refer to other people in your story, give them a different name in order to maintain/protect their privacy.

Your byline at the end of your story should include your name, website, email address (nothing more). If you are the author of any Reiki books, provides the book title, the publisher, the date of publication, and it will be placed in the Suggested Reading section in the back of the book.

To submit your story, type it in Times New Roman font 12 pt, in Notepad with no formatting accept one blank line between paragraphs and your byline. Also provide your mailing address and telephone number. Attach it to an email and send it to [mylifeisgood22@cox.net](mailto:mylifeisgood22@cox.net)

Or

You can put it right in the text of your email in Times New Roman font 12 pt with no formatting accept for one-line spacing between paragraphs. Please recommend a title for your story and tell us which section of the book that your story should go based on the three listed in The Book Layout section. Please have your story edited prior to submission. We will not print any story that needs a lot of editing.

## YOUR INVESTMENT IN THIS PROJECT

Your prayers, Reiki, words, love for serving others and your commitment to this path. Seeing and holding for the highest good of the book.

Your story.

Commitment to buying 15 copies of the book at a 26% discount off the retail price. The retail price is estimated to be \$19.95. Your expenses will be about \$14.50 a book plus shipping costs. This must be paid

prior to publication or your story will not be included in the book. When you purchase more than 15 books at the time of the original order you will receive a one-time 40 percent discount off the price of the additional books. Your clients and students may be interested in buying this book so order the extra ones that you will need while the discount is available.

Discounts on future purchases is not guaranteed or promised.

You will be required to sign a publishing agreement giving Dawn Fleming, Infinite Wisdom Press or any Publisher that might buy the rights to this book in the future, permission to include/publish your story in the book and in other forums (blogs, newsletters, etc.) for marketing the book. A copy of this can be requested for your review and we will email it to you. If your story is selected, you will be required to sign it and mail it back to us prior to November 1, 2011.

#### WHAT YOU RECEIVE IF YOUR STORY IS SELECTED

- You will be published.
- Your byline gives readers a way to find you for Reiki services.
- Any Reiki books that you have written will be mentioned in the Suggested Reading section in the back of the book.
- Having your message exposed to an international audience.
- Being seen as an authority in the field.
- Benefiting from the love and light energy that comes back to you from sharing your story.

#### SELECTION DECISIONS

A panel of three people will read each submission to determine if it fits our intention for this project. You will be notified either way when a decision has been made. A well written story that has been edited and follows the guidelines provided has a very good chance of being selected.

#### TIME LINE

I will be gathering and reading stories beginning May 1st.

Selection of stories by October 1<sup>st</sup> 2011.

Begin book layout – ordering of selected articles, first round of editing, cover design October 1<sup>st</sup>

Editing – second and third round of editing or more (books can take up to 9 rounds of edits).

Proofing.

Finalizing.

Printing. – Depends on a multitude of factors. Your help will accelerate the process.

Sometime after November 1<sup>st</sup> participants will be required to pay in full for the books that they are required to purchase - 15 copies estimated at \$14.50 a copy, plus shipping and handling along with any additional books that they will have the opportunity to buy at a one-time 40 percent discount along with shipping.

Your prayers and Reiki will help this process go smoothly.

As you know life happens and all timelines are estimated on the best case scenario. One way to keep the process moving will be for participants to sign and mail in their agreements and to promptly pay for their books when the time comes to do so. I cannot promise a final publication date but will do my best to publish this amazing Reiki book in a timely manner.

#### ABOUT THE PUBLISHER—DAWN FLEMING

I have been working in the field of holistic health since 1989 as a practitioner, teacher and author. I started my Reiki journey in 1993 and completed my Usui Reiki Master in 1996 and became a Karuna

Reiki® Master in 1997. I am currently teaching Reiki at the Southwest Institute for Holistic Arts in Tempe, AZ. I have taught over 2,000 students Reiki. I am the publisher of *Creating a Successful Holistic Health Practice, Teaching Workshops Effectively, Navigating the Continuing Education Approval Process, Perspectives on Ascension: Sustenance for Humanity's Journey Home*, and Reiki I and II manuals that Reiki teachers can make copies of for their classes without violating copyright law. My websites are <http://www.energytransformations.org> and <http://www.egyptianrods.com>. The book will be posted on these sites upon completion along with being sold on Amazon.com and barnesandnoble.com and anywhere else that I can get the book displayed and sold.

I feel blessed to receive this calling to practice Reiki and to publish this very special book that will speak to many people and provide many points of view on the depth of experiences that Reiki has provided our community.

If you have any questions, sending an email is the best place to start [mylifeisgood22@cox.net](mailto:mylifeisgood22@cox.net). I hope to be able to handle most inquiries via email so that is the best place to start. I look forward to reading your stories and sharing them with the world.

Share this with your Reiki friends and community,  
Dawn Fleming

## HOLISTIC CLASSIFIEDS

Let the World Wide Community Know What You Have to Offer

### ***Learn Energy Kinesiology with John Maguire***

Discover how to immediately relieve pain and increase energy with powerful skills from one of the world's leading experts in kinesiology, which blends the best of energy work and structural balancing **in Columbia, MD**.



**5 Ways to Eliminate Pain with Kinesiology** hands-on workshop  
Sunday, May 15<sup>th</sup>. Register now, as space is limited.

**A Free Evening Demonstration on How to Use Kinesiology in Your Practice** - Wednesday, May 18<sup>th</sup>. Be one of the first 5 to register and John will work on you.

**Touch for Health Kinesiology Fundamentals** - a weekend workshop packed with energy balancing skills and hands-on practice, where members of ABMP, NCBTMB and AMTA get 16 CEC's.

Go to [www.KinesiologyInstitute.com](http://www.KinesiologyInstitute.com) to find out what you'll learn, times and location in Columbia, MD, fees and how to register. Click on the program you'd like to attend in the **Upcoming Events** section on the left side of the page. [Listen to the free teleclasses on pain relief and benefits of Kinesiology.](#)

You can also call **1-800-501-4878** to register by phone.

These programs are excellent for energy medicine practitioners, massage therapists, bodyworkers, acupuncturists, nutritionists, psychologists, chiropractors and anyone wanting to achieve optimum physical and emotional health and wellbeing.

**John Maguire is a world-renowned expert in the field of Energy Kinesiology, who over the past thirty years has taught tens of thousands of people from 85 different countries. He is the founder and director of the Kinesiology Institute and is a faculty member of the Anthony Robbins Life Mastery University.**

"John Maguire is a master teacher. His grasp of the material and clear, concise and easy to understand written information provide a step-by-step progression to mastering the techniques of Kinesiology." Donald Toomim, CMT

## Books to enhance your holistic health practice

Creating a Successful Holistic Health Practice, Teaching Workshops Effectively, Navigating the Continuing Education Approval Process, Reiki I and II Manuals that you can copy and share with your students. Discounts when you buy three books or more.

Visit [http://www.energytransformations.org/products\\_manuals.html](http://www.energytransformations.org/products_manuals.html)

Feedback - On Navigating the Continuing Education Approval Process

*I just received your book Navigating the Continuing Education Approval Process and found it very precise and comprehensive. I am a nurse and have been writing programs for nurses for a long time in the medical arena. I am also a Reiki Master/Teacher and also Consultant to a Yoga Certificate Program and wanted to construct CE programs for nurses who take these types of programs. Although my RN license permits me to teach and practice Reiki, finding a way to concretely explore offering holistic health education to other audiences was extremely helpful and professionally written.  
Great Job!*

RAISE YOUR CONSCIOUSNESS, JOURNEY WITHIN

## Egyptian Healing Rods

—They are tools of Healing, Transformation and Power!

Let these powerful tools make a difference in your life and of your clients. Egyptian healing rods create balance in the body and accelerate the healing process. Any of the crystal rod sets will expand consciousness, assist in manifesting, expand any of your spiritual gifts—healing, mediumship, channeling, etc— and enhance intuition. The rods were used by the Egyptian Pharaohs and Priests for healing and time travel. They are handmade in Russia and charged in a pyramid for 12 days. They hold their charge forever!

Learn more about these amazing rods at  
<http://www.egyptianrods.com>



## HELP WANTED

Crystal Sage, seller of crystal infused essential oils, is looking for territorial sale representatives and distributors in the United States. Email your information to [butlerron1@msn.com](mailto:butlerron1@msn.com). Serious inquiries only. [www.crystalsageoils.com](http://www.crystalsageoils.com)

## Home Study CE Hour Courses—Energy Transformations School

Massage therapists, nurses, acupuncturists receive CE Hours for the courses below as well as Maryland, DC, and Virginia social workers.

Creating a Successful Holistic Health Practice—15 CE hours

This home study course provides both the inner and outer work of creating a successful holistic health practice and earn CE hours. Sign up today.

Chakra Wisdom: 24 Days of Transformation—24 CE hours

This home study course provides valuable information and experiential exercises that will:

- Improve your overall quality of life – physically, emotionally, mentally, and spiritually
- Give you the knowledge to release blocked energy so you can take charge of your life
- Provide you information to help your clients release their blocks and restore their vital life energy
- Enhance your understanding of how to work with your energetic/chakra system to support your goals
- Empower you to reclaim your energy, to live your Truth, and to support others as they move through the transformation process. Sign up at <http://www.energytransformations.org/workshops.html>

### ADVERTISINGS AND ARTICLE SUBMISSION

The newsletter speaks to the head and the heart inspiring us to move forward and awaken into a Higher understanding of Truth, Wisdom, Love, Transformation, and Joy. I welcome your comments, thoughts and inspirational articles. Please send your inspirational articles regarding holistic health, raising consciousness, energy modalities, ascended masters, meditation, spirituality, angels, stories of healing or transformation, empowerment, inspirational travel, poems, etc., to [mylifeisgood22@cox.net](mailto:mylifeisgood22@cox.net). Most articles are 500 to 1200 words in length. Your words can deeply impact the lives of others. The stories are meant to inspire or educate, not sell products or classes. Each article includes a byline of the **author's name and either email address or website. The deadline for articles for the next newsletter is June 5th. The deadline for advertisements is June 10th.**

For advertising rates and deadlines go to

[http://www.energytransformations.org/newsletter\\_advertise.html](http://www.energytransformations.org/newsletter_advertise.html)

We honor all forms of healing and all light filled-philosophies.

Dawn Fleming is an ordained minister, holistic health practitioner, teacher and author with over twenty years experience working in the field of integrative energy medicine and spirituality. She is here to serve humanity in making the tremendous leaps in consciousness needed at this time. Dawn is a catalyst for making the changes needed and in a way that is gentle and meaningful. Learn more about Dawn Fleming and Energy Transformations at <http://www.energytransformations.org>

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